11th Annual Gleason Family YMCA

5K Road Race

Saturday May 18, 2013 at 9:00 am sharp
Onset Village, Wareham MA

Proceeds from this race benefit the Gleason Family YMCA YCares Annual Support Fund, providing financial assistance to those who otherwise cannot afford membership, programs and summer camp.

COURSE INFORMATION A 5K Road Race/Walk through the beautiful and scenic village of Onset; along village streets and the historic waterfront. The race start and finish will be at the Onset Village Pier.

TIMING & RESULTS Time and results will be done by JB Race. Results will be promptly posted at jbrace.com.

FOOD, REFRESHMENTS, AWARDS Available at the pavilion, up the hill next to the pier, beginning around 10:15 am, after the race results have been tallied.

New Higher Cash Prizes & Award for Top Three Overall Males **1st Prize $150 | 2nd Prize $100 | 3rd Prize $75**
New Higher Cash Prizes & Award for Top Three Overall Females **1st Prize $150 | 2nd Prize $100 | 3rd Prize $75**

The course is now certified by USATF MA#0900-4RN

Awards will be presented to the Top Three Finishers both Male and Female in the following categories:
12 and under | 13-18 | 19-29 | 30-39 | 40-49 | 50-59 | 60-69 | 70 and over

Award to Overall Top Three "Walkers" - An official walker must always make contact with the ground during the race. No running at all!

Cut and remit this application below. Keep the top portion for your information.

Make Checks payable to: Gleason Family YMCA
Do not send cash

Mail payment along with registration form to:
Gleason Family YMCA 5K
P O Box 466 Wareham MA 02571
508.295.9622 ymcasouthcoast.org

Official Use Only

Entry Fee

Adult $20 before April 15, 2013 $22 after April 15, 2013 | Children 12 and under $15 before April 15, 2013 $17 after April 15, 2013

FIRST NAME Please Print | MIDDLE INITIAL | GENDER M/F | AGE DAY OF RACE | RUNNER OR WALKER

LAST NAME

STREET ADDRESS

CITY/TOWN

HOME PHONE - - | STATE | ZIP CODE | DATE OF BIRTH

EMAIL ADDRESS To be used for 5K communications and registration purposes only

FREE T-SHIRT TO THE FIRST 150 REGISTRANTS PLEASE CHECK T-SHIRT SIZE

S M L XL

WAIVER In consideration of the acceptance of this entry. I forever release the Gleason Family YMCA, YMCA SOUTHCOAST, Wareham 5K Committee, the Town of Wareham, USATF New England and all other sponsors and organizers of the Gleason Family YMCA 5K from any claims what so ever from my participation in this event. I attest that I am physically fit and sufficiently trained to participate in this event.

Signature _____ Date _____
Parent or Guardian Signature if applicant is under age 18